# HIGH PARK and ANNETTE

## FUN AND PLAY in the fall

<table>
<thead>
<tr>
<th>No.</th>
<th>Activity</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>FUN n Run Club (Meltzer)</td>
<td>Grade 1-8</td>
</tr>
<tr>
<td>2.</td>
<td>XCountry Team (B. Fairweather)</td>
<td>Grade 4-8</td>
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<tr>
<td>3.</td>
<td>Football Team (Armstrong/DePooter)</td>
<td>Grade 7/8 G n B</td>
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<tr>
<td>4.</td>
<td>Soccer Teams (Cowan-Jr Girls Sestito-Sr Girls Liang-Sr Boys Brun-Jr Boys)</td>
<td>Grade 4-8 G n B</td>
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<tr>
<td>5.</td>
<td>Girls Basketball-KellyFricker</td>
<td>Grade 5-8</td>
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<tr>
<td>6.</td>
<td>Boys Volleyball (Meltzer-Jr Boys DePooter-Sr Boys)</td>
<td>Grade 4-8</td>
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Plan Ahead and join your first Eagle club.

### Fun n Run Club

- **September 11th** to October 5th
- **Mon to Fri 7:55-8:10** MEET @ RAVENA

### X Country

- **September 11th** – October 26th
- **Practice after the fun run 8:10-8:40**

### Soccer

- **September to November 1st**
- **Most practices after the fun run 8:10-8:40 check with your coach**

### Football

- **September to late October**
- **Most practices after the fun run 8:10-8:40 check with your coach**

**PLEASE NOTE:**

Senior students can participate in Cross Country and one other sport of either soccer or football!

(Girls Bball and Boys Vball start Practicing October 10th)

**come out with friends XCOUNTRY and FITNESS and TEAM SPORTS**

**Running shoes needed!!!**